

WEST CHESTER UNIVERSITY  
DEPARTMENT OF SPORTS MEDICINE  
BACHELOR OF SCIENCE IN ATHLETIC TRAINING  
GUIDANCE RECORD SHEET

Name \_\_\_\_\_

Date Entered Athletic Training Major \_\_\_\_\_

Course	First Semester	Credits
___ WRT 120	Eff. Writing I	3.0
___ PSY 100	Intro to Psych	3.0
___ <b>SMD 100</b>	<b>Found. Spts. Med</b>	<b>2.0</b>
___ BIO 110	General Biology	3.0
___ _____	SPK 208, Arts, or other Gen. Ed.	<u>3.0</u>
<b>Total Credits</b>		<b>14</b>

Course	Second Semester	Credits
___ WRT 200	Critical Writing & Research	3.0
___ <b>or 220 or 208</b>	Special Topics or Writing for Print Media	
___ <b>BIO 259</b>	<b>Human Anat/Phys I</b>	<b>4.0</b>
___ <b>SMD 204</b>	<b>First Aid Health Prof.</b>	<b>3.0</b>
___ <b>SML 204</b>	<b>First Aid Health Prof./Lab</b>	<b>0.0</b>
___ _____	SPK 208, Arts or other Gen. Ed.	3.0
___ _____	BEH & SOC SCIENCE	<u>3.0</u>
<b>Total Credits</b>		<b>16</b>

Course	Third Semester	Credits
___ <b>SMD 361</b>	<b>Kinesiology</b>	<b>3.0</b>
___ <b>SMD 272</b>	<b>Ath. Trg. Tech.</b>	<b>3.0</b>
<b>or 261</b>	<b>Surface Anatomy (3 credits)</b>	
___ <b>BIO 269</b>	<b>Human Anat/Phys II</b>	<b>4.0</b>
___ _____	SPK 208, Arts, or other Gen. Ed.	3.0
___ MAT 121	Statistics	<u>3.0</u>
<b>Total Credits</b>		<b>16</b>

Course	Fourth Semester	Credits
___ <b>EXS 380</b>	<b>Applied Ex. Physio.</b>	<b>3.0</b>
___ <b>SMD 261</b>	<b>Surface Anatomy</b>	<b>3.0</b>
<b>or 272</b>	<b>Ath. Trg. Tech. (3 credits)</b>	
___ <b>SMD 312</b>	<b>Path/Evl Ath Inj II</b>	<b>3.0</b>
___ CHE 107	Gen Chem Allied Health Sci	4.0
___ CRL 107	Gen. Chem Allied Health lab	1.0
___ NTD 303	Intro to Nutrition	<u>3.0</u>
<b>Total Credits</b>		<b>17</b>

Course	Fifth Semester	Credits
___ SMD 311	Ther. Ex. AT	3.0
___ <b>SMD 313</b>	<b>Path/Evl Ath Inj III</b>	<b>3.0</b>
___ SMD 315	ATH INJ MGMT I	3.0
___ SML 311	Ther Ex. Lab	2.0
___ KIN 475	Mental Training in Sport	<u>3.0</u>
<b>Total Credits</b>		<b>14</b>

Course	Sixth Semester	Credits
___ SMD 310	Ther. Mod AT	3.0
___ <b>SMD 212</b>	<b>Path/Evl Ath Inj I</b>	<b>3.0</b>
___ SMD 316	Ath Inj Mgmt II	3.0
___ SML 310	Ther. Mod AT Lab	1.0
___ _____	Interdisciplinary ("I" course)	<u>3.0</u>
<b>Total Credits</b>		<b>13</b>

Course	Seventh Semester	Credits
___ SMD 414	H.,O.,&A. of AT	3.0
___ SMD 417	Ath Inj Mgmt III	3.0
___ SMD 454	Ther/Prac Cond.	3.0
___ PHY 100	Elements Physical Science	3.0
___ _____	Diverse Communities ("J" course)	<u>3.0</u>
<b>Total Credits</b>		<b>15</b>

Course	Eighth Semester	Credits
___ SMD 418	Ath Inj Mgmt IV	3.0
___ _____	Student Elective	3.0
___ _____	Student Elective	3.0
___ _____	Student Elective	3.0
___ _____	Humanities or other Gen. Ed.	<u>3.0</u>
<b>Total Credits</b>		<b>15</b>

TOTAL CREDITS FOR WHOLE PROGRAM = 120

*prerequisites for Fifth Semester*

(5/11)

WEST CHESTER UNIVERSITY  
Department of Sports Medicine  
ADVISING GUIDELINES  
General Education Requirements -

I. Academic Foundations (18)

- A. English Writing Courses (6)  
Satisfied by WRT120 and WRT 200, 208 or 220
- B. Mathematics: (3)  
Satisfied by MAT 121
- C. Communications (3)  
Satisfied by SPK 208
- D. Diverse Communities (3)  
One course with a **J** (Diverse Communities) designation
- E. Interdisciplinary (3) - One course with an **I** (Interdisciplinary) designation.

An interdisciplinary course may simultaneously meet the interdisciplinary and foreign culture cluster requirements.  
An interdisciplinary course may not be used to fulfill a general education requirement in the distributive areas and may not simultaneously satisfy the interdisciplinary and diverse communities requirements. - **SMD 210 recommended.**

II. Distributive Requirements (18)

- A. Sciences - 6 credits  
Satisfied by PHY100,CHE/CRL 107, and BIO110 requirements
- B. Behavioral and Social Sciences - 6 credits  
Satisfied by PSY100 requirement plus 1 course from one other area:  
1. ANT, 2. SOC, 3. ECO, 4. GEO, 5. PSC  
Recommended courses: ANT 102, 103; SOC 200, 240; ECO 101, 111, 112; GEO 101, 103;  
PSC 100, 101, 213
- C. Humanities - 6 credits:  
Satisfied by 2 courses from the following areas:  
Literature or Classics (Recommended LIT 165 CLS 165 260, or 261)  
History –(Recommended 101, 102, 150, 151, or 152)  
Philosophy (Recommended 101 or 180)

III. Arts – (3)

Satisfied by taking 3 credits worth of coursework in art,cinematography,dance,music,photography,or theater

IV.Student Electives (9)

Must be satisfied by courses not required by General Education or your major. The following constitute some suggested classes for the students choice: EXL 380 Ex. Phys Lab, HEA 325 Stress Mgmt , HEA 206 Human Development, PEA 137 Strength Training, CSC 101 Computers, BIO 214 Microbiology, BIO 307 Pathophysiology (no lab), BIO 367 Physiology of Drug Interaction, PSY 375 Abnormal Psych , PSY 210 Developmental Psych , PSY 350 Motivation , PSY 257 Theo. of Personality, EDA 102 Psych of the Phys. Disabled , KIN 465 Mech. Anal. of Motor Skills. Students interested in Medical School, Physical Therapy, or similar graduate programs should take CHE 103-104, and PHY 130-140, and an advanced Biology course.

V. Writing Emphasis Courses (one must be at 300-400 level) **9 credits.** Note for transfer students:Transfer students who enter with 40-70 credits must take 2 writing emphasis courses. Students who transfer with 70 credits must take 1 writing emphasis course.

<u>Course</u>	<u>Title</u>	<u>Semester/Year</u>
1. <b>SMD 414</b>	<b>H, O, &amp; A of Athletic Training</b> (required)	Fall, Senior year
2. [SMD 210	Psychosocial Perspectives of Sport/Recreational Injuries] (recommended)	
3.		

VI. Technology requirement – Each department will determine how to meet this need for its major. Please see advisor for further information.

VII. The student must achieve at least a "C" in each of these courses. The student must have a minimum combined GPA of 2.5 in these courses in order to be recommended for the BOC Certification Exam:

BIO 259, 269, EXS 380, KIN 475, NTD 303  
SMD 204, 212, 261, 272, 310, 311, 312, 313, 315, 316, 361,414,417, 418, 454  
SML 310, 311